

Certificate of Completion

*This is to certify that **Edan Marie Esquibel**
successfully completed 2 total hours of
Flourishing in Stressful Times - with Tara Brach
online course on March 29, 2021*

Tara Brach, Ph.D.

Tara Brach, Ph.D., Instructor



Certificate no: UC-b865fae3-81cd-4863-95fc-f5ce1843d170
Certificate url: ude.my/UC-b865fae3-81cd-4863-95fc-f5ce1843d170
Version 3

A decorative graphic at the bottom of the certificate. It features a light blue ribbon that forms a circular seal in the center. The ribbon has a subtle pattern and is tied in a bow-like fashion. The seal contains the text '#BeAble' in a dark blue, sans-serif font.

#BeAble