



Certificate no: UC-720632e4-13a3-4f64-a186-7c397c7f20b4

Certificate url: ude.my/UC-720632e4-13a3-4f64-a186-7c397c7f20b4

Reference Number: 0004

CERTIFICATE OF COMPLETION

Managing Stress and Building Resilience Masterclass

Instructors **Roger Kay Allen, Ph.D.**

Amit Kumar Singh

Date **Oct. 9, 2025**

Length **6 total hours**